# Contents

<table>
<thead>
<tr>
<th>Section</th>
<th>Title</th>
<th>Pages</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Preface to Research and Resources for Music Therapy 2016</td>
<td>i</td>
</tr>
<tr>
<td></td>
<td>Overview and guidelines</td>
<td>ii-iv</td>
</tr>
<tr>
<td>1</td>
<td>Autistic spectrum disorders</td>
<td>1-10</td>
</tr>
<tr>
<td>2</td>
<td>Special educational needs and learning disabilities</td>
<td>11-20</td>
</tr>
<tr>
<td>3</td>
<td>Children and education</td>
<td>21-26</td>
</tr>
<tr>
<td>4</td>
<td>Children and families</td>
<td>27-32</td>
</tr>
<tr>
<td>5</td>
<td>Emotional and behavioural difficulties</td>
<td>33-38</td>
</tr>
<tr>
<td>6</td>
<td>Trauma and abuse</td>
<td>39-44</td>
</tr>
<tr>
<td>7</td>
<td>Addictions and eating disorders</td>
<td>45-50</td>
</tr>
<tr>
<td>8</td>
<td>Mental health</td>
<td>51-62</td>
</tr>
<tr>
<td>9</td>
<td>Neuro-disability and rehabilitation</td>
<td>63-72</td>
</tr>
<tr>
<td>10</td>
<td>Cancer care</td>
<td>73-82</td>
</tr>
<tr>
<td>11</td>
<td>Elderly and dementia care</td>
<td>83-96</td>
</tr>
<tr>
<td>12</td>
<td>Palliative and bereavement care</td>
<td>97-106</td>
</tr>
<tr>
<td>13</td>
<td>Neonatal, paediatric and maternal care</td>
<td>107-116</td>
</tr>
<tr>
<td>14</td>
<td>Prisons and detainee centres</td>
<td>117-120</td>
</tr>
<tr>
<td>15</td>
<td>Medical procedures</td>
<td>121-126</td>
</tr>
<tr>
<td>16</td>
<td>Music therapy and technology</td>
<td>127-130</td>
</tr>
<tr>
<td>17</td>
<td>Music, arts, health and society</td>
<td>131-142</td>
</tr>
<tr>
<td>18</td>
<td>Research ethics</td>
<td>143-148</td>
</tr>
<tr>
<td>19</td>
<td>Research methods and methodologies</td>
<td>149-156</td>
</tr>
<tr>
<td>20</td>
<td>Training and supervision</td>
<td>157-161</td>
</tr>
</tbody>
</table>
Welcome to Research and Resources for Music Therapy 2016, which includes references to research and resources in the fields of music therapy and music and health and is organised as a series of Sections.

Research and Resources for Music Therapy 2016 follows in the footsteps of the Nordoff Robbins Evidence Bank. The change in name reflects the emphasis of the content of the document. Each section features a range of research publications and other resources, including articles, books and guides which concern practice and research. It also includes journal titles, websites and UK policy and guideline documents relevant to the theme of each section. In addition, the sections draw on three resources created by the Nordoff Robbins research team. Each section includes new sections with references drawn from the Outcome Measures in Music Therapy Resource (2016) and the Nordoff Robbins Academic & Research Review 1980-2015 (2015). All sections also include a link to the International Index of Music Therapy Organisations (IIMTO) (2015).

This collation of information forms part of Nordoff Robbins’ research vision, which is to develop research-related resources for practitioners, scholars, and those with an interest in music therapy and music and health research.

We would like to thank all colleagues who helped us to create this updated edition as well as the researchers whose dedication and toil contributes to the ongoing development of research and resources nationally and internationally. Without their commitment, this document would not exist.

We hope this is a useful resource for music therapy and music and health practitioners, researchers and students as well as for policy makers, managers and fundraisers who would like to know more about how, when and why music works.

The Research Team
Nordoff Robbins, 2016
Research and Resources for Music Therapy 2016 contains 20 sections, organised by client group, work setting or topic:

Section 1 – Autistic spectrum disorders
Section 2 – Special educational needs and learning disabilities
Section 3 – Children and education
Section 4 – Children and families
Section 5 – Emotional and behavioral difficulties
Section 6 – Trauma and abuse
Section 7 – Addictions and eating disorders
Section 8 – Mental health
Section 9 – Neuro-disability and rehabilitation
Section 10 – Cancer care
Section 11 – Elderly and dementia care
Section 12 – Palliative and bereavement care
Section 13 – Neonatal, paediatric and maternal care
Section 14 – Prisons and detainee centres
Section 15 – Medical procedures
Section 16 – Music therapy and technology
Section 17 – Music, arts, health and society
Section 18 – Research ethics
Section 19 – Research methods and methodologies
Section 20 – Training and supervision

Research and Resources for Music Therapy 2016 is available on the Nordoff Robbins website (www.nordoff-robbins.org.uk) as a free download.

Research and Resources for Music Therapy 2016 includes over 1,900 selected references. In comparison with the last edition of the Nordoff Robbins Evidence Bank, this resource includes three new sections, each one drawn from a related free resource created by the Nordoff Robbins research team:

- Where relevant, sections include publications from the Nordoff Robbins Academic & Research Review 1980-2015: A summary of the charity’s academic and research activities during that period.
- Sections also include references to outcome measures that pertain to each section’s setting or client group. These references are selected from the Outcome Measures in Music Therapy resource. Further information about outcome measures can be found in the resource.
- In each section there is a link to The International Index of Music Therapy Organisations (IIMTO): An online, open source mailing directory of music therapy organisations, such as associations and training institutions.
What is in each Section?

Each Section includes:

**Bibliography**
- Selected bibliography (1990-2016)

**Resources**
- Outcome measures in music therapy
- Websites
- Journals
- UK policy and guideline documents

Some references and resources are relevant for several topics and are therefore included in more than one Section. When accessing the document electronically, faster access to the topics you are looking for can be gained by typing in your keyword using the ‘find’ function of Adobe Reader: this is done by pressing ‘CTRL’ and ‘F’ on your keyboard.

In collating the *Research and Resources for Music Therapy* 2016, references for the selected bibliography were found by searching key terms related to each section in Google Scholar, with the publication year of 2014-2016. For example, for Section 1, two searches were carried out: one for ‘music’, ‘ASD’, ‘autism’, ‘autistic’ and one for ‘musical’, ‘ASD’, ‘autism’, ‘autistic’. Publications that were not journal articles, books, book chapters and/or not in English were excluded, as were duplicates. For Section 1, the 118 references identified were reduced to 43 relevant references. Searching for this edition was completed in June 2016.

What does this resource exclude?

Research and Resources for Music Therapy ...

...does NOT provide the actual papers of texts that are cited;

...does NOT cite all available literature relevant to a particular field of practice or client group. It focuses on research books and papers published in peer reviewed journals.

...is NOT a complete historical archive. We list selected papers only from 1990 onwards.

Updating the resource – Your contributions

We aim to update *Research and Resources for Music Therapy* regularly. You are invited to contribute additional references and resources that fall within the inclusion / exclusion criteria stated above.

Please email your contributions to research@nordoff-robbins.org.uk

Are there any copyright considerations?

*Research and Resources for Music Therapy* 2016 is an open resource for music therapy, and music and health practitioners, researchers, students, as well as funders and employers of these practices. However, the *Research and Resources for Music Therapy* 2016 is a copyrighted publication.

*Research and Resources for Music Therapy* 2016 by the Nordoff Robbins Research Team is licensed under a Creative Commons Attribution-NonCommercial-NoDerivatives 4.0 International License.

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Other resources from the Nordoff Robbins Research Team

Other Nordoff Robbins research resources published since 2014 – some of which are freely available – include:

### Outcome measures in music therapy (2016)
by Charlotte Cripps, Giorgos Tsiris and Neta Spiro

This resource provides a systematic overview of outcome measures in music therapy along with some of their key features. It is available for free on the Nordoff Robbins website.


This review summarises the charity's academic and research activities. Such activities are a core part of work at Nordoff Robbins. They are a primary means for understanding, improving and ensuring quality of the services offered by the charity.

Focusing on the period 1980-2015, this review brings together high profile outputs, in the form of publications (books, chapters and peer-reviewed journal articles) and prominent national and international conference presentations. It is available for free on the Nordoff Robbins website.

### A Guide to Evaluation for Arts Therapists and Arts & Health Practitioners (2014)
by Giorgos Tsiris, Mercédès Pavlicevic and Camilla Farrant.

This guide supports practitioners in their quest to integrate thorough evaluation procedures in their everyday practices, by providing practical guidance for designing, planning and implementing bespoke evaluation projects. Based on the authors' experience of designing and realising evaluation projects and running training workshops, a range of suggestions are offered for developing appropriate timelines and collection tools, ensuring organisational diplomacy, and managing what can be a delicate balance of truth, fact and perception. This guide will help practitioners to evaluate their services and projects by taking into consideration the unique profile of the practice, the workplace, clients, project participants, and sectors. Published by Jessica Kingsley Publishers.

### A Guide to Research Ethics for Arts Therapists and Arts & Health Practitioners (2014)
by Camilla Farrant, Mercédès Pavlicevic and Giorgos Tsiris.

This guide aims to inspire ethically-aware practitioners to become ethically-aware researchers, evaluators and participants. Conducting a research project, whatever the setting, requires not only knowledge of research methods but also an in-depth understanding of research ethics. Embedded in ‘real life’ experiences of research ethics applications, this guide navigates the reader through research ethics procedures, drawing from legislation and a range of research ethics committee regulations. Although the emphasis is on research, ethical considerations presented in this guide are equally relevant and applicable to other types of enquiry, including monitoring and evaluation projects. Published by Jessica Kingsley Publishers.

### International Index of Music Therapy Organisations (IIMTO)

IIMTO is an online, open source mailing directory of music therapy organisations, such as associations and training institutions. A total of over 300 contacts from all over the world are currently provided. Usage guidelines, as well as background and supplementary information (such as links to other indexes and directories), can be found in IIMTO. Available for free on the Nordoff Robbins website.
Bibliography

Selected references (1990-2016)


**Additional references from the Nordoff Robbins Academic & Research Review 1980-2015**

The Nordoff Robbins Academic & Research Review is a free online resource summarising the charity’s academic and research activities from 1980 to 2015.


Outcome measures in music therapy

The Outcome Measures in Music Therapy is a free online resource which provides a systematic overview of music therapy specific outcome measures.

Assessment of the Quality of Relationship Instrument (The AQR-instrument)


Betz Held Strengths Inventory for Children with Disabilities


Improvisational Assessment Profiles (IAPs)


The Individualized Music Therapy Assessment Profile (IMTAP)


Music Therapy Assessment


Music Therapy Assessment Tool for Adults with Developmental Disabilities (DD)


Music Therapy Checklist


Music Therapy Coding Scheme (MTCS)

Music Therapy Diagnostic Assessment (MTDA)


Nordoff-Robbins Scale I: Child-Therapist(s) Relationship in Coactive Musical Experience


Nordoff-Robbins Scale II: Musical Communicativeness


Nordoff-Robbins Scale III: Musicing: Forms of Activity, Stages and Qualities of Engagement


13 Categories of Response


Websites

- Autism Independent UK (SFTAH)
- Autism Research Centre
- Autistic Self Advocacy Network (ASAN)
- Autism Speaks
- AWARES: The All Wales Autism Resource
- British Association for Music Therapy: Autistic Spectrum Conditions
- National Autism Association
- The National Autistic Society (NAS)
- North East Autism Society
- Research Autism: Improving the Quality of Life
- Resources for Autism
- SNAP: Special Needs and Parents

For a list of music therapy organisations, their websites and contact details please see the International Index of Music Therapy Organisations (IIMTO).
Journals

- Autism: The International Journal of Research and Practice
- Autism Research
- Focus on Autism and Other Developmental Disabilities
- Journal of Autism and Developmental Disorders
- Research in Autism Spectrum Disorders

UK policy and guideline documents

- Progress Report on Strategy for Adults with Autism, (January 2016)
- 2010 to 2015 Government Policy: Special Educational Needs and Disability (SEND), (Department of Education, April 2013)
- ASD Good Practice Guidance (Department of Education, December 2010)
- Services for Adults with Autistic Spectrum Conditions (ASC): Good Practice Advice for Primary Care Trust and Local Authority Commissioners (Department of Health, April 2009)
Section No. 2
Special Educational Needs and Learning Disabilities

As a free online resource developed by the Nordoff Robbins research team, Research and Resources for Music Therapy presents music therapy and music & health references, as well as resources relating to particular client groups or areas of work. Research and Resources for Music Therapy follows in the footsteps of the Nordoff Robbins Evidence Bank, which has three previous editions. Proposals for new entries can be emailed to: research@nordoff-robbins.org.uk

Bibliography

Selected references (1990-2016)


**Additional references from the Nordoff Robbins Academic & Research Review 1980-2015**

The Nordoff Robbins Academic & Research Review is a free online resource summarising the charity’s academic and research activities from 1980 to 2015.


### Resources

#### Outcome measures in music therapy

The *Outcome Measures in Music Therapy* is a free online resource which provides a systematic overview of music therapy specific outcome measures.

**Assessment of the Quality of Relationship Instrument (The AQR-instrument)**


**Betz Held Strengths Inventory for Children with Disabilities**


**Improvisational Assessment Profiles (IAPs)**


The Individualized Music Therapy Assessment Profile (IMTAP)

Music Therapy Assessment

Music Therapy Assessment Tool for Adults with Developmental Disabilities (DD)

Music Therapy Checklist

Music Therapy Coding Scheme (MTCS)

Music Therapy Communication and Social Interaction Scale – Group

Music Therapy Diagnostic Assessment (MTDA)

Music Therapy Evaluation Scale

Music Therapy Special Education Assessment Tool
Nordoff-Robbins Scale I: Child-Therapist(s) Relationship in Coactive Musical Experience


Nordoff-Robbins Scale II: Musical Communicativeness


Nordoff-Robbins Scale III: Musicing: Forms of Activity, Stages and Qualities of Engagement


13 Categories of Response


Websites

- Autistic Self Advocacy Network (ASAN)
- Autism Speaks
- British Association for Music Therapy: Learning Disabilities
- British Institute of Learning Disabilities
- Contact a Family
- The Disability Benefits Consortium (DBC)
- Disability Rights
- Foundation for People with Learning Disabilities
- Mencap
- National Autism Association
- The National Autistic Society (NAS)
- People First
- PMLD Network
- Teaching LD
- Turning Point
- United Response
- SNAP: Special Needs and Parents

For a list of music therapy organisations, their websites and contact details please see the International Index of Music Therapy Organisations (IIMTO).
Journals

- Autism: The International Journal of Research and Practice
- British Journal of Learning Disabilities
- Disability and Society
- European Journal of Special Educational Needs
- International Journal of Disability, Development and Education
- International Journal of Special Education
- Journal of Disability Policy Studies
- Journal of Intellectual Disability Research
- Journal of Learning Disabilities
- Journal of Autism and Developmental Disorders
- Journal of Research in Special Educational Needs

UK policy and guideline documents

- Special Educational Needs and Disability (SEND): Supporting Local and National Accountability, (Department of Education, March 2015)
- Special Educational Needs and Disability: A guide for parents and carers, (Department of Education, August 2014)
- 2010 to 2015 Government Policy: Special Educational Needs and Disability (SEND), (Department of Education, April 2013)
- Support and Aspiration: A New Approach to Special Educational Needs And Disability (Department of Health, 2011)
- Valuing People Now: The Delivery Plan 2010-2011 ‘Making It Happen For Everyone’ (Department of Health)
- Valuing People Now Summary Report: March 2009 - September 2010 (Department of Health, December 2010)
- Removing Barriers to Achievement: The Government’s Strategy for SEN (Department of Education, 2004)
As a free online resource developed by the Nordoff Robbins research team, the Research and Resources for Music Therapy presents music therapy and music & health references, as well as resources relating to particular client groups or areas of work. Research and Resources for Music Therapy follows in the footsteps of the Nordoff Robbins Evidence Bank, which has three previous editions. Proposals for new entries can be emailed to: research@nordoff-robbins.org.uk

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Selected references (1990-2016)


Mehr, S. A., Schachner, A., Katz, R. C., & Spelke, E. S. (2013). Two randomized trials provide no consistent evidence for nonmusical cognitive benefits of brief preschool music enrichment. *PloS one, 8*(12).


**Additional references from the Nordoff Robbins Academic & Research Review 1980-2015**

The Nordoff Robbins Academic & Research Review is a free online resource summarising the charity’s academic and research activities from 1980 to 2015.


Outcome measures in music therapy

The Outcome Measures in Music Therapy is a free online resource which provides a systematic overview of music therapy specific outcome measures.

Music Therapy Special Education Assessment Tool


The Music Therapy Star


Websites

- British Association for Music Therapy: Children, Young People and their Families
- Department for Education
- Early Education
- Education Otherwise
- NACE
- NAGC, for gifted children
- The Thomas Coram Foundation for Children

For a list of music therapy organisations, their websites and contact details please see the International Index of Music Therapy Organisations (IIMTO).

Journals

- Approaches: An Interdisciplinary Journal of Music Therapy
- British Journal of Music Education
- Child Development
- Children & Society: The International Journal of Childhood and Children’s Services
- Early Childhood Education Journal
- European Journal of Special Needs Education
- International Journal of Disability, Development and Education
- International Journal of Music Education
- Journal of Children’s Services
- Journal of Research in Music Education
- Music Education Research
UK policy and guideline documents

- Educational excellence everywhere (Department of International Development, March 2016)
- 2010 to 2015 Government Policy: Education in Developing Countries (Department of International Development, March 2013)
- Department for Education Equality Objectives, (Department for Education, September 2014)
- Youth in Action (British Council: Learning, 2012)
Research and Resources for Music Therapy (2016)

Section No. 4
Children and Families

As a free online resource developed by the Nordoff Robbins research team, Research and Resources for Music Therapy presents music therapy and music & health references, as well as resources relating to particular client groups or areas of work. Research and Resources for Music Therapy follows in the footsteps of the Nordoff Robbins Evidence Bank, which has three previous editions. Proposals for new entries can be emailed to: research@nordoff-robbins.org.uk

Bibliography

Selected references (1990-2016)


Further references from the Nordoff Robbins Academic & Research Review 1980-2015

The Nordoff Robbins Academic & Research Review is a free online resource summarising the charity’s academic and research activities from 1980 to 2015.


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**Resources**

**Outcome measures in music therapy**

The Outcome Measures in Music Therapy is a free online resource which provides a systematic overview of music therapy specific outcome measures.

**Assessment of Parenting Competencies – Revised**


**The Music Therapy Star**

Websites

- British Association for Music Therapy: Children, Young People and their Families
- Children & Young People’s Strategic Partnership (CYPSP)
- Contact a Family
- Department for Education
- Every Child
- The Thomas Coram Foundation for Children

For a list of music therapy organisations, their websites and contact details please see the International Index of Music Therapy Organisations (IIMTO).

Journals

- Child and Family Social Work
- Clinical Child and Family Psychology Review
- The Family Journal
- International Journal of Child, Youth and Family Studies
- Journal of Child and Family Studies
- Journal of Child Psychotherapy
- Journal of Children’s Services
- Journal of Family Issues
- Journal of Family Studies

UK policy and guideline documents

- Children’s Centres: Their Impact on Children and Families: Department for Education, (December 2015)
- Keep Warm Keep Well: Information for Over 60s, Low-Income Families and People Living With a Disability (Public Health England, September 2015)
- The Family Nurse Partnership Programme (Department of Health, July 2012)
- Keep Warm, Keep Well: A Guide for Families (Department of Health, August 2009)
As a free online resource developed by the Nordoff Robbins research team, the Research and Resources for Music Therapy presents music therapy and music & health references, as well as resources relating to particular client groups or areas of work. Research and Resources for Music Therapy follows in the footsteps of the Nordoff Robbins Evidence Bank, which has three previous editions. Proposals for new entries can be emailed to: research@nordoff-robbins.org.uk

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Additional references from the Nordoff Robbins Academic & Research Review 1980-2015

The Nordoff Robbins Academic & Research Review is a free online resource summarising the charity’s academic and research activities from 1980 to 2015.


Outcome measures in music therapy

The Outcome Measures in Music Therapy is a free online resource which provides a systematic overview of music therapy specific outcome measures.

Beech Brook Music Therapy Assessment


Improvisational Assessment Profiles (IAPs)


Music Therapy Assessment for Disturbed Adolescents


Music Therapy Assessment for Emotionally Disturbed Children


The Music Therapy Star


13 Areas of Inquiry


Websites

- Children with Emotional and Behavioural Difficulties (Children and Young People’s Strategic Partnership)
- Social, Emotional and Behavioural Difficulties Association

For a list of music therapy organisations, their websites and contact details please see the *International Index of Music Therapy Organisations (IIMTO).*

Journals

- Emotional and Behavioural Difficulties
- Journal of Emotional and Behavioural Disorders
UK policy and guideline documents

- Mental Health and Behaviour in Schools, (Department for Education, June 2014)
- The Relationship Between Speech, Language and Communication Needs (SLCN) and Behavioural, Emotional and Social Difficulties (BESD), (Department for Education, Research document, December 2012)
- Supporting Children with Challenging Behaviour, (Ofsted Survey Report, July 2011)
As a free online resource developed by the Nordoff Robbins research team, Research and Resources for Music Therapy presents music therapy and music & health references, as well as resources relating to particular client groups or areas of work. Research and Resources for Music Therapy follows in the footsteps of the Nordoff Robbins Evidence Bank, which has three previous editions. Proposals for new entries can be emailed to: research@nordoff-robbins.org.uk

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Selected references (1990-2016)


van Eck, F. (2014). The role of the musician working with traumatized people in a war-affected area: Let the music happen. *Journal of Applied Arts & Health, 4*(3), 301-311. doi: 10.1386/jaah.4.3.301_1


**Additional references from the Nordoff Robbins Academic & Research Review 1980-2015**

The Nordoff Robbins Academic & Research Review is a free online resource summarising the charity’s academic and research activities from 1980 to 2015.


Resources

Outcome measures in music therapy

The Outcome Measures in Music Therapy is a free online resource which provides a systematic overview of music therapy specific outcome measures.

Websites

- The Child Trauma Academy
- The Hideout, The National Association for People Abused in Childhood (NAPAC)
- Rape Crisis
- Trauma & Abuse Group (TAG)

For a list of music therapy organisations, their websites and contact details please see the International Index of Music Therapy Organisations (IIMTO).
Journals

- Clinical Child Psychology and Psychiatry
- Emotional and Behavioural Difficulties
- Journal of Child & Adolescent Trauma
- Journal of Trauma & Dissociation
- Trauma, Violence & Abuse

UK policy and guideline documents

- Reporting and Acting on Child Abuse and Neglect, (Home Office and Department for Education, July 2016)
- Joint Inspections of Child Sexual Exploitation and Missing Children: February to August 2016 (Ofsted, Care Quality Commission, HM Inspectorate of Constabulary and HM Inspectorate of Probation, January 2016)
- Joint Inspections of the Response to Children Living with Domestic Abuse: September 2016 to March 2017 (Ofsted, Care Quality Commission, HM Inspectorate of Constabulary and HM Inspectorate of Probation, August 2016)
- This is Abuse summary report, (Home Office, March 2015)
- Child Abuse Concerns: Guide for Practitioners, (Department for Education, March 2015)
- Dealing with Child Sexual Exploitation, (Home Office, March 2015)
- Disability and Domestic Abuse: Risk, Impacts and Response (Public Health England, November 2015)
- Safeguarding Policy: Protecting Vulnerable Adults (Office of the Public Guardian, December 2015)
- Domestic Violence and Child Abuse Offences: Legal Aid Evidence (Legal Aid Agency, December 2014)
- Definition of Domestic Violence and Abuse: Guide for Local Areas (Home Office, March 2013)
- Guidance for Health Professionals on Domestic Violence, (Department of Health, June 2013)
- Working Together to Safeguard Children (Department of Health, August 2013)
- Domestic Violence and Abuse - Professional Guidance Poster (Department of Health, June 2013)
- Call to End Violence Against Women and Girls – Action Plan 2013 (Home Office, 2013)
- Three Steps to Escaping Domestic Violence (Home Office, February 2012)
- Establishment of Regional Networks of Trauma Care (Department of Health, September 2010)
- Improving Safety, Reducing Harm: Children, Young People and Domestic Violence. A Practical Toolkit for Front-line Professionals (Department of Health, November 2009)
- NHS Emergency Planning Guidance: Planning for the Psychosocial and Mental Health Care of People Affected by Major Incidents and Disasters (Department Of Health, July 2009)
As a free online resource developed by the Nordoff Robbins research team, Research and Resources for Music Therapy presents music therapy and music & health references, as well as resources relating to particular client groups or areas of work. Research and Resources for Music Therapy follows in the footsteps of the Nordoff Robbins Evidence Bank, which has three previous editions. Proposals for new entries can be emailed to: research@nordoff-robbins.org.uk

Bibliography

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**Resources**

**Outcome measures in music therapy**

The Outcome Measures in Music Therapy is a free online resource which provides a systematic overview of music therapy specific outcome measures.

**Websites**

- The Association for Addiction Professionals
- British Dietetic Association
- DrugWise
- Eating Disorders Association
- Eating Disorders Coalition
- Eating Disorders Research
- National Association of Anorexia Nervosa and Associated Eating Disorders
- The National Centre for Eating Disorders
- National Eating Disorders Association (NEDA)
- Obsessive Eaters Anonymous
- Overeaters Anonymous
- The Renfrew Center Foundation

For a list of music therapy organisations, their websites and contact details please see the International Index of Music Therapy Organisations (IIMTO).
Journals

- Addiction
- Drug and Alcohol Review
- Eating Disorders
- Journal of Addictive Diseases
- Journal of Alcohol and Drug Education
- Journal of Chemical Dependency Treatment
- Substance Abuse

UK policy and guideline documents

- Childhood Obesity: A Plan for Action (Department of Health, August 2016)
- 2010 to 2015 Government Policy: Drug Misuse and Dependency (Department of Health, March 2013)
- Commissioning Treatment for Dependence on Prescription and Over-The-Counter Medicines: A Guide for NHS and Local Authority Commissioners (Public Health England, June 2013)
- Guidance on the Consumption of Alcohol by Children and Young People. A Report by the Chief Medical Officer (Department of Health, December 2009)
- Eating Disorders (Postnote, 2007)
As a free online resource developed by the Nordoff Robbins research team, Research and Resources for Music Therapy presents music therapy and music & health references, as well as resources relating to particular client groups or areas of work. Research and Resources for Music Therapy follows in the footsteps of the Nordoff Robbins Evidence Bank, which has three previous editions. Proposals for new entries can be emailed to: research@nordoff-robbins.org.uk

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Kavak, F., Ünal, S., & Yılmaz, E. (in press). Effects of relaxation exercises and music therapy on the psychological symptoms and depression levels of patients with schizophrenia. *Archives of Psychiatric Nursing.* doi: http://dx.doi.org/10.1016/j.apnu.2016.05.003


### Additional references from the Nordoff Robbins Academic & Research Review 1980-2015

The Nordoff Robbins Academic & Research Review is a free online resource summarising the charity’s academic and research activities from 1980 to 2015.


Resources

Outcome measures in music therapy

The Outcome Measures in Music Therapy is a free online resource which provides a systematic overview of music therapy specific outcome measures.

Beech Brook Music Therapy Assessment


Individualized Music Therapy Assessment Profile (IMTAP)


Music Interaction Rating Scale (MIR(S))


Music Therapy Assessment for Disturbed Adolescents


Music Therapy Assessment for Emotionally Disturbed Children

Music Therapy Checklist


Music Therapy Rating Scale


13 Areas of Inquiry


Websites

- Borderline Personality Disorder World
- British Association for Music Therapy: Mental Health Network (membership/password required)
- Eating Disorders Research
- Improving Access to Psychological Therapies
- Mental Health Foundation
- MIND (National Association for Mental Health)
- The National Institute for Mental Health (NIMHE)
- Rethink
- SANELINE
- Scottish Association for Mental Health
- Connecting with People
- Time to Change (Leading stigma and anti-discrimination campaign)

For a list of music therapy organisations, their websites and contact details please see the [International Index of Music Therapy Organisations (IIMTO)](#).

Journals

- European Journal of Psychiatry
- Evidence Based Mental Health
- Journal of Creativity in Mental Health
- The Arts in Psychotherapy

UK policy and guideline documents

- Mental Health Crisis Care: Health Based Places of Safety Funding, (Department of Health, May 2016)
- Physical Healthcare for People with Mental Health Problems, (Department of Health and Public Health England, May 2016)
- Social Work: Improving Adult Mental Health, (Department of Health, January 2016)
- Monitoring the Mental Health Act: 2014 to 2015, (Care Quality Commission, December 2015)
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The Outcome Measures in Music Therapy is a free online resource which provides a systematic overview of music therapy specific outcome measures.

Individual Music-Centered Assessment Profile for Neurodevelopmental Disorders (IMCAP-ND)


Music Therapy Assessment Tool for Awareness in Disorders of Consciousness (MATADOC)


Websites

- Academy of Neurologic Music Therapy
- The Brain Injury Association
- British Association for Music Therapy: Neuro-disability Network (membership / password required)
- Health Professions Council (HPC)
- Institute for Music and Neurologic Function (IMNF)
- The Royal Hospital for Neuro-Disability (RHN)

For a list of music therapy organisations, their websites and contact details please see the International Index of Music Therapy Organisations (IIMTO).
Journals

- International Journal of Therapy and Rehabilitation
- Journal of Alzheimer’s Disease
- Journal of Parkinson’s Disease
- Journal of Pediatric Neurology
- NeuroRehabilitation
- Rehabilitation Psychology
- Restorative Neurology and Neuroscience

UK policy and guideline documents

- Summaries 2015: Projects on the Nervous System, (Home Office, June 2016)
- Department of Health Response to the MND Association’s Correspondence Campaign for a National Strategy for Motor Neurone Disease (Department of Health, October 2010)
- Response to the Formation of the All Party Parliamentary Group on Huntingdon’s Disease (Department of Health, June 2010)
- The National Service Framework for Long Term Neurological Conditions National Support for Local Implementation (Department of Health, May 2008)
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Websites

- Association for International Cancer Research
- Cancer Advice
- Cancer Buddies Network
- Cancer Index
- Cancer Recovery Foundation
- Cancer Research UK
- Cancer Research and Treatment (Department of Health)
- The European Association for Cancer Research
- Macmillan Cancer Support
- Maggie’s Cancer Caring Centre
- The National Coalition for Cancer Survivorship
- Support Line
- World Cancer Research Fund

For a list of music therapy organisations, their websites and contact details please see the International Index of Music Therapy Organisations (IIMTO).

Journals

- British Journal of Cancer
- The Cancer Journal
- Cancer Research
- Cancer Research, Therapy and Control
- European Journal of Cancer
- European Journal of Pain
- European Journal of Oncology Nursing
- European Journal of Surgical Oncology
- Journal of Cancer
- Journal of Cancer Research and Therapeutics
- The Open Cancer Journal
- Palliative Medicine
- Supportive Care in Cancer

UK policy and guideline documents

- Improving Outcomes: A Strategy for Cancer (Department of Health, January 2011)
- Commissioning Cancer Services (Department of Health, July 2011)
- Cancer Reform Strategy (Department of Health, December 2007)
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**Geriatric Music Therapy Clinical Assessment**


**Music-Based Evaluation of Cognitive Functioning (MBECF)**


**Music in Dementia Assessment Scales (MiDAS)**


Music Therapy Assessment


Music Therapy Checklist


Websites

- Age Concern Camden
- Alzheimer’s Research Trust
- Alzheimer’s Society
- CareInfo
- Equal Arts
- The Gerontological Society of America
- Older People’s Advocacy Alliance
- Society for the Arts in Dementia Care

For a list of music therapy organisations, their websites and contact details please see the International Index of Music Therapy Organisations (IIMTO).

Journals

- *Dementia: The International Journal of Social Research and Practice*
- *Geriatric Nursing*
- *Journal of Dementia Care*
- *The Journal of Gerontology*

UK policy and guideline documents

- *Challenge on Dementia 2020: Implementation Plan*, (Department of Health, March 2016)
- *Choice in End of Life Care: Government Response*, (Department of Health, July 2016)
- *Dementia: Post-Diagnostic Care and Support*, (Department of Health, January 2016)
- *Prime Minister’s Challenge on Dementia 2020*, (Department of Health, February 2015)
- *End of Life Care Strategy: Fourth Annual Report* (Department of Health, October 2012)
- *Aging Well* (Department for Work and Pensions, 2010)
- *Living Well with Dementia: A National Dementia Strategy* (Department of Health, February 2009)
- Keep Warm, Keep Well: A Guide for Families (Department of Health, August 2009) -
- End of Life Care Strategy: Promoting High Quality Care for Adults at the End of their Life (Department of Health, July 2008) -
- Health, Work and Well-Being - Caring for our Future: A Strategy for the Health and Well-Being of Working Age People (Department of Health, 2005) -
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Hospice Music Therapy Assessment


Websites

- British Association for Music Therapy: Palliative and Bereavement Care Network (membership / password required)
- Care Search Palliative Care Knowledge Network
- The Compassionate Friends (TCF)
- Cruse Bereavement Care
- European Association for Palliative Care
- Hospice UK
- HIV Support & Advocacy
- International Palliative Care Family Carer Research Collaboration
- Jessie’s Fund: Music Helping Children

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Journals

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- Death Studies
- End of Life Journal
- European Journal of Palliative Care
- International Journal of Palliative Nursing
- Palliative Medicine

UK policy and guideline documents

- Choice in end of life care: Government response (Department of Health, July 2016)
- End of life care: Response to Health Select Committee’s Report, (Department of Health, October 2015)
- Improvements to care in the last days and hours of life (Department of Health, August 2015)
- 2010 to 2015 government policy: End of life care (Department of Health, March 2013)
- End of Life Care Strategy: Fourth Annual Report (Department of Health, October 2012)
- Independent Palliative Care Funding Review (Department of Health, July 2011)
- Help Is At Hand: A Resource for People Bereaved by Suicide and Other Sudden, Traumatic Death (Department of Health, April 2010)
- End of Life Care Strategy: Promoting High Quality Care for Adults at the End of their Life (Department of Health, July 2008)
- Palliative Care Statistics for Children and Young People (Department of Health, 2007)
- When a Patient Dies: Advice on Improving Bereavement Services in the NHS (Department Of Health, 2005)
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Individualized Music Therapy Assessment Profile (IMTAP)

Websites

- Chelsea and Westminster Hospital (NHS) - Music Therapy for children and young people
- Music Therapy Association of British Columbia, Childbirth and Neonatal Care
- National Institute for Infant & Child Medical Music Therapy
- NICU Music Therapy
- Policy Research Unit in Maternal Health & Care

For a list of music therapy organisations, their websites and contact details please see the International Index of Music Therapy Organisations (IIMTO).
Journals

- Birth
- Clinical Pediatrics
- Infant Behavior and Development
- Journal of Perinatal Education

UK policy and guideline documents

- Changes to Midwife Supervision in the UK (Department of Health, January 2016)
- Pregnancy and Maternity-Related Discrimination and Disadvantage: Government Response, (Department for Business, Innovation & Skills, March 2016)
- Guidance on the Planning and Design of Neonatal Units (Department of Health, March 2013)
- Guidance for the Planning and Design of Maternity Care Facilities (Department of Health, March 2013)
- Maternity Care Services Pathway Payment System: A Simple Guide 2012 to 2013 (Department of Health, April 2012)
- Neonatal Guidelines (Staffordshire, Shropshire and Black Country Newborn Network, 2011)
- Monitoring and Evaluation Framework: Reproductive, Maternal and Newborn Health (Department for International Development, December 2011)
- NICE Specialist Neonatal Care Quality Standard (October 2010)
- Service Standards for Hospitals Providing Neonatal Care (British Association of Perinatal Medicine, August 2010)
- Policies to Support Practice Areas Caring for Neonates, Children and Young People (Royal College of Nursing, 2010)
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 Websites

- Association of Visitors to Immigration Detainees
- Detention Action
- Jail Guitar Doors
- Music in Detention
- Music in Prisons
- The Prison Arts Coalition
- Prison Reform Trust
- Prisoners’ Advice Service
- Prisoners’ Education Trust

For a list of music therapy organisations, their websites and contact details please see the International Index of Music Therapy Organisations (IIMTO).

 Journals

- International Journal of Offender Therapy and Comparative Criminology
- International Journal of Prisoner Health
- Journal of Contemporary Criminal Justice
- Journal of Prison Discipline and Philanthropy
- Prison Service Journal

 UK policy and guideline documents

- Resettlement Prisons (Ministry of Justice, August 2014)
- Future Prisons: A Radical Plan to Reform the Prison Estate (Policy Exchange, 2013)
- Managing Property of Detainees in the UK, (Home Office and Immigration Enforcement, March 2012)
- Improving Health, Supporting Justice (Department of Health, 2009)
- The Bradley Report: Lord Bradley’s Review of People with Mental Health Problems or Learning Disabilities in the Criminal Justice System (Department of Health, 2009)
- Prison Service Orders (Ministry of Justice, 2009)
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**Pediatric Inpatient Music Therapy Assessment Form (PIMTAF)**


**Websites**

- The Institute of Music in Medicine
- International Association for Music & Medicine (IAMM)
- International Society for Music in Medicine
- ISME Music in Special Education, Music Therapy and Music Medicine Commission
- Music Medicine Institute

For a list of music therapy organisations, their websites and contact details please see the *International Index of Music Therapy Organisations (IIMTO)*.
Journals

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- Journal of Advanced Nursing
- Journal of Clinical Nursing
- Music and Medicine

UK policy and guideline documents

- Regulation of Cosmetic Interventions: Government Response (Department of Health, February 2014)
- NHS England Policies and Procedures for Primary Medical Services (Primary Care Commissioning, 2013)
- The NHS Constitution (March 2012)
- The Patient Rights (Scotland) Act 2011
- NHS Consent to Treatment
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Websites

- Association for the Advancement of Assistive Technology in Europe
- Audio Support
- British Association for Music Therapy: Technology Network (membership/password required)
- Open Rights Group
- Soundbeam

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Journals

- Journal of Music, Technology and Education
- Journal of Music Therapy
- Journal of Technology in Music Learning
- Organised Sound: An International Journal of Music and Technology
- Technology and Disability

UK policy and guideline documents

- Digital Giving in the Arts – Democratising Philanthropy (Department for Culture, Media & Sport, December 2012)
- Proposal to Establish the National Endowment for Science, Technology and the Arts (NESTA) as an Independent Charity and a Charitable Trust (Department for Business, Innovation & Skills, 2011)
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- Applied Arts and Health: A Network for Practitioners and Researchers
- Arts and Health Australia
- Arts & Health South West
- Arts Council England
- Arts for Health
- British Association for Music Therapy: Arts in Health Network (membership/password required)
- Exeter Sociology of the Arts
- The International Health Humanities Network
- London Arts in Health Forum (LAHF)
- National Alliance for Arts Health and Wellbeing
- Health Arts Society
- Healthy, Social, Creative
- Music for Health Research Centre (MHRC): Anglia Ruskin University
- Norwegian Forum for Global Health Research
- Voluntary Arts

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- Arts & Health: An International Journal for Research Policy and Practice
- Arts in Psychotherapy
- Ethnomusicology
- International Journal of Arts Medicine
- Journal of Applied Arts and Health
- Music & Arts in Action
- Music and Medicine
UK policy and guideline documents

- Arts and Humanities Research Council: Annual Report and Accounts 2015 to 2016 (Arts and Humanities Research Council, July 2016)
- Creative Industries Strategy 2013 to 2016, (Innovate UK, October 2014)
- 2010 to 2015 Government Policy: Arts and Culture, (Department for Culture, Media & Sport, Department for Education, February 2013)
- 2010 to 2015 Government Policy: Media and Creative Industries, (Department for Culture, Media & Sport, February 2013)
- Arts Projects That Have a Positive Impact on Health and Wellbeing (Department of Health, January 2000)
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Websites

- Association of Research Ethics Committees
- British Association for Music Therapy: Research Network (membership/password required)
- British Educational Research Association
- Centre for Applied Research in Education (University of East Anglia)
- Research Ethics Service (RES)
- Consortium of Institutions for Development and Research in Education in Europe
- Department for Education
- National Children’s Bureau (NCB) Research Centre
- National Research Ethics Service (NHS)
- Scottish Educational Research Association
- Social Care Research Ethics Committee (Social Care Institute for Excellence)
- Social Research Association: Ethical Guidelines
- World Federation of Music Therapy (Research and Ethics)

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Journals

- BMC Medical Ethics
- Ethics
- International Journal of Internet Research Ethics
- Journal of Academic and Business Ethics
- Journal of Clinical Ethics
- Journal of Empirical Research on Human Research Ethics (JERHRE)
- Journal of Ethics
- Journal of Medical Ethics
- Nursing Ethics: An International Journal for Health Care Professionals
- Online Journal of Health Ethics
- Open Ethics Journal
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- Ethical Standards for Providers of Public Services (Committee on Standards in Public Life, June 2014)
- DFID Ethics Principles for Research and Evaluation (Department for International Development, July 2011)
- Ethical Assurance Guidance for Social Research in Government (Government Social Research Profession, September 2011)
- Guidance on Nominating a Consultee for Research Involving Adults who Lack Capacity to Consent (Department of Health February 2008)
- Mental Capacity Act 2005 (Department of Health)
- Data Protection Act 1998: Guidelines for Social Research
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- Australian Journal of Music Therapy
- British Journal of Music Therapy
- Journal of Music Therapy
- Music Therapy Perspectives
- Music & Medicine
- New Zealand Journal of Music Therapy
- Nordic Journal of Music Therapy
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- Report From the Planning Group on Ethics Review in Social Care Research (Department of Health, December 2007)
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- British Association for Music Therapy: Guide to Professional Practice
- British Association for Music Therapy: Music Therapy Training
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- Standards of Education and Training (HCPC, September 2009)